CLAIMS

What is claimed is:

- A method for conditioning a cellular thermoplastic resin comprising exposing
 a cellular thermoplastic resin to a controlled humidity environment to obtain
 a conditioned cellular thermoplastic resin.
- A method for conditioning a cellular thermoplastic resin according to claim
 h, wherein the cellular thermoplastic resin is a polyester resin.
- 3. A method for conditioning a cellular thermoplastic resin according to claim
 1, wherein the cellular thermoplastic resin is selected from the group
 consisting of polyethylene terephthalate, polyethylene naphthalate,
 polyethylene isophthalate, polybutylene terephthalate, polytrimethylene
 terephthalate and mixtures and copolymers thereof.
- 4. A method for conditioning a cellular thermoplastic resin according to claim
 1, wherein the step of exposing a cellular thermoplastic resin to a controlled
 humidity environment comprises exposing the cellular thermoplastic resin to
 humidity level such that the final moisture level is at least about 0.34 percent
 by weight.
- 5. A method for conditioning a cellular thermoplastic resin according to claim
 1, wherein the conditioned cellular thermoplastic resin has a moisture level
 of at least about 0.44 percent by weight.
- 6. A method for conditioning a cellular thermoplastic resin according to claim
 1, wherein the conditioned cellular thermoplastic resin has a moisture level
 of at least about 0.55 percent by weight.
- 7. A method for thermoforming a cellular thermoplastic resin, said method comprising:

3	exposing a cellular thermoplastic resin to a controlled humidity
4	environment to obtain a conditioned cellular thermoplastic resin;
5	molding said conditioned cellular thermoplastic resin to form a desired

6 shape; and

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heating said conditioned cellular thermoplastic resin to cause the crystalline content of the thermoplastic resin to be at least about 20-30 percent.

- 8. A method for thermoforming a cellular thermoplastic resin according to claim
 7, wherein the cellular thermoplastic resin is a polyester resin.
- 9. A method for thermoforming a cellular thermoplastic resin according to claim
 7, wherein the cellular thermoplastic resin is selected from the group
 consisting of polyethylene terephthalate, polyethylene naphthalate,
 polyethylene isophthalate, polybutylene terephthalate, polytrimethylene
 terephthalate and mixtures and copolymers thereof.
- 1 10. A method for thermoforming a cellular thermoplastic resin according to claim
 7, wherein the step of exposing a cellular thermoplastic resin to a controlled
 humidity environment comprises exposing the cellular thermoplastic resin to
 humidity level of at least 25 percent relative humidity at a temperature of at
 least 32°C.
- 1 11. A method for thermoforming a cellular thermoplastic resin according to claim
 7, wherein the step of exposing a cellular thermoplastic resin to a controlled
 humidity environment comprises exposing the cellular thermoplastic resin to
 humidity level of at least 50 percent relative humidity at a temperature of at
 least 32°C.
- 1 12. A method for thermoforming a cellular thermoplastic resin according to claim
 7, wherein the conditioned cellular thermoplastic resin has a moisture level
 of at least about 0.34 percent by weight.

- 1 13. A method for thermoforming a cellular thermoplastic resin according to claim
- 2 7, wherein the conditioned cellular thermoplastic resin has a moisture level
- 3 of at least about 0.44 percent by weight.
- 1 14. A method for thermoforming a cellular thermoplastic resin according to claim
- 2 7, wherein the conditioned cellular thermoplastic resin has a moisture level
- 3 of at least about 0.5 percent by weight.
- 1 15. A method for thermoforming a cellular thermoplastic resin according to claim
- 2 7, wherein the step of heating the cellular thermoplastic resin causes the
- 3 crystalline content of the cellular thermoplastic resin to reach a
- 4 predetermined level.
- 1 16. A method for thermoforming a cellular thermoplastic resin according to claim
- 2 7, wherein the step of heating the cellular thermoplastic resin causes the
- 3 crystalline content of the cellular thermoplastic resin to be at least about 20
- 4 percent.
- 1 17. A cellular thermoplastic article thermoformed according to the method of
- 2 claim 7.
- 1 18. A cellular thermoplastic article according to claim 17, wherein the article is
- 2 a container for food.
- 1 19. A cellular thermoplastic article according to claim 18, wherein the article is
- a dual-ovenable container for food.
- 1 20. A cellular thermoplastic article according to claim 17, wherein the article has
- 2 a total energy of at least about 0.40 Joules at about -29°C.